

The twenty-fourth annual conference of the Joseph and Kathleen Bryan Alzheimer's Disease Research Center (Bryan ADRC), entitled Alzheimer's 2010: Pathways to Discovery, Treatment, and Prevention, will emphasize new science and discoveries in Alzheimer's disease, their implications for current practice, and their translation into community approaches most likely to have an immediate positive impact on public health. The focus is on research defining the earliest signs of AD and its related conditions and the potential of these findings to inform future prevention strategies and drug discovery. Dr. Kathleen A. Welsh-Bohmer, Bryan ADRC director, will set the stage for the two-day conference with a focus on Bryan ADRC research aimed at planned prevention studies.

Keynote speaker Dr. Steven T. DeKosky will highlight recent advances in the development of disease biomarkers, highlighting the importance of this work for advancing the treatment of Alzheimer's disease. The second keynote speaker, Dr. James E. Galvin, will build on this theme, describing differences in the course and biomarkers involved in Alzheimer's disease and the closely aligned condition of Lewy body dementia, suggesting brief informant- and performance-based screening tools for differentiation.

Bryan ADRC associate director, Dr. James R. Burke, will open the second day with a focus on the current approaches to successful aging and dementia prevention and current models in the Bryan ADRC involving the community. Keynote speaker Dr. Rachelle S. Doody will move from this focus on prevention to current treatments and therapeutics for Alzheimer's disease. The plenary program will conclude with a care-focused research presentation from Dr. Mary S. Mittelman on the powerful sustained effects of counseling and support on the physical and mental health of family caregivers.

Research participants and their families in dialogue with featured speakers will bring home the message of each morning session for a diverse, multidisciplinary audience, including persons with dementia and their family members. Afternoon workshops will offer interactive opportunities to learn and practice creative approaches to person-centered residential care; non-pharmacological strategies to reduce family caregiver anxiety; connecting families to timely, effective medical and support services for the person and family; adult day service models supporting individuals and families in the community; strategies for faith communities to mobilize support for Alzheimer's families; and using findings from brain imaging to understand the effects of Alzheimer's disease on behavior.

While the conference is open to anyone with an interest in Alzheimer's disease, its target audiences are families affected by Alzheimer's and related disorders, direct care staff, health care professionals and administrators, aging-service professionals, and clinician-scientists.

[This conference is supported in part by the Bryan ADRC's grant #P30 AG028377 from the National Institute on Aging.]

THE TWENTY-FOURTH ANNUAL JOSEPH & KATHLEEN BRYAN ALZHEIMER'S DISEASE RESEARCH CENTER CONFERENCE

Alzheimer's 2010: Pathways to Discovery, Treatment, and Prevention

Thursday and Friday
February 11-12, 2010

Sheraton Imperial Hotel and Convention Center
4700 Emperor Boulevard
Research Triangle Park, North Carolina



DukeMedicine

Joseph and Kathleen Bryan Alzheimer's Disease Research Center
DUMC 3600
Durham, NC 27710

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Conference Audience:

- Aging-services administrators and providers
- Health and social work professionals (long-term care, hospital, clinic, private practice) (contact hours requested)
- People with Alzheimer's disease and their families
- Faith and community volunteers

Authorized Provider Statement:

Duke University Health System Clinical Education & Professional Development has been approved as an Authorized Provider by the International Association for Continuing Education and Training (IACET), 1760 Old Meadow Road, Suite 500, McLean, VA 22102. In obtaining this approval, Duke University Health System Clinical Education & Professional Development has demonstrated that it complies with the ANSI/IACET 1-2007 Standard, which is widely recognized as the Standard of good practice internationally. As a result of their Authorized Provider membership status, Duke University Health System Clinical Education & Professional Development is authorized to offer IACET CEUs for its programs that qualify under the ANSI/IACET 1-2007 Standard.

Credit Designation Statement: Continuing Education Units (CEU):

Duke University Health System Clinical Education & Professional Development is authorized by IACET to offer 0.7 CEU (Day 1) and 0.55 CEU (Day 2) to participants who meet all criteria for successful completion of the program. *(Please note that partial credit is not awarded.)*

For AMA Credit:

Physicians may self-claim Category II for AMA/PRA credit.

Faculty Disclosure Statement:

The Duke University School of Medicine adheres to ACCMA Essential Areas, Standards, and Policies regarding industry support of continuing medical education. Disclosure of faculty and commercial relationships will be made known at the activity. Speakers are required to openly disclose any limitations of data and/or any discussion of any off-label, experimental, or investigational uses of drugs or devices in their presentation.

Special Needs Statement:

The Bryan Alzheimer's Disease Research Center is committed to making its activities accessible to all individuals. If you are in need of an accommodation, please do not hesitate to call and/or submit a description of your needs in writing in order to receive service.

Disclaimer:

The information provided at this CEU/CE activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition.

Preferred Continuing Education Credit:

- AAFP Nursing Home Administrator Adult Care Home Administrator Nursing Contact Hours Social Work Hours Other CEUs

If you are registering for only a single day of the conference, indicate which day: February 11 February 12

May we contact you after the conference for further evaluation of conference outcomes? Yes No

RESERVE YOUR HOTEL ROOM EARLY TO ENSURE AVAILABILITY

The Sheraton Imperial Hotel and Convention Center in Research Triangle Park is offering a conference rate of \$115 (single/double), available until January 22, 2010. These rates will be honored through the cutoff date as long as rooms remain available in the group block on a per-night basis. Call the hotel directly at 919-941-5050 or 1-800-325-3535 for Central Reservations, and identify yourself as part of the Alzheimer's Disease Conference.

Or visit www.starwoodmeeting.com/StarGroups/Web/res?id=0908134915&key=CCECA, a dedicated Web site that offers the special conference rate, to make online reservations.

THURSDAY, FEBRUARY 11, 2010

7:30 AM

Continental Breakfast / Educational Exhibits

8:30 AM

Personal and Professional Pathways to Successful Conference Participation

Lisa P. Gwyther, MSW, LCSW
Director, Education Core, Bryan ADRC

8:45 AM

Alzheimer's Disease Discovery, Prevention, and Treatment: Highlights from the Bryan ADRC

Kathleen A. Welsh-Bohmer, PhD
Director, Bryan ADRC

9:30 AM

Family Perspectives: Living with Alzheimer's Disease Risk

Kathleen A. Welsh-Bohmer, PhD
Research Participant and Family Members

9:45 AM

Informal Discussion with Faculty

10:15 AM **Keynote Address**

New Discoveries in Alzheimer's Disease Diagnosis: Role of Biomarkers in Advancing Treatments

Steven T. DeKosky, MD, FACP
James Carroll Flippin Professor of Medical Science
Vice President and Dean
University of Virginia School of Medicine

11:00 AM **Keynote Address**

Promoting Early Detection of Alzheimer's Disease, Lewy Body Dementia, and Related Disorders

James E. Galvin, MD, MPH
Director, Memory Diagnostic Center
Alzheimer's Disease Research Center
Washington University School of Medicine

11:45 AM

Faculty Panel with Participants

Kathleen A. Welsh-Bohmer, PhD
Steven T. DeKosky, MD, FACP
James E. Galvin, MD, MPH

12:15 PM

Lunch / Educational Exhibits

1:15 PM **Choose One of Two Workshops**

Early Diagnosis and Then What? Making Connections Early Among Families, Physicians, and Services

Philip D. Sloane, MD, MPH
Elizabeth and Oscar Goodwin Professor of Family Medicine
University of North Carolina at Chapel Hill

A panel of North Carolina physicians and service professionals

Mindfulness-Based Stress Reduction: A Treatment Approach for Caregiver Anxiety

Jeffrey G. Brantley, MD
Director, Mindfulness-Based Stress Reduction
Duke Integrative Medicine

2:45 PM

Informal Discussion with Faculty

3:00 PM **Choose One of Two Workshops**

Adult Day Services Treatment Approaches

Moderator: Teresa Johnson
Executive Director, NC Adult Day Services Association

A panel presentation on North Carolina adult day services program models

The Unbroken Circle: A Toolkit for Congregations Around End-of-Life and Grief in Alzheimer's Disease

James L. Brooks, MDiv
Executive Director
Project Compassion (non-profit organization)
Chapel Hill, North Carolina

4:30 PM

Adjourn for the day

FRIDAY, FEBRUARY 12, 2010

7:30 AM

Continental Breakfast / Educational Exhibits

8:30 AM

Personal and Professional Pathways: From Learning to Action

Lisa P. Gwyther, MSW, LCSW
Director, Education Core, Bryan ADRC

8:45 AM

Alzheimer's Disease Prevention: What Is Known Now and Looking Forward

James R. Burke, MD, PhD
Associate Director, Bryan ADRC
Director, Memory Disorders Clinic

9:30 AM

Research Participant / Family Perspectives

James R. Burke, MD, PhD
Research Participant and Family

9:45 AM

Informal Dialogue with Participants

10:15 AM **Keynote Address**

Current Treatments and Therapeutics for Alzheimer's Disease and Related Dementia

Rachelle S. Doody, MD, PhD
Effie Marie Cain Chair in Alzheimer's Disease Research
Director, Alzheimer's Disease and Memory Disorders Center
Baylor College of Medicine

11:00 AM **Keynote Address**

The Effects of Counseling and Support on Negative Physical and Mental Health Outcomes for Alzheimer's Family Caregivers

Mary S. Mittelman, DrPH
Leader, Psychosocial and Education Cores
New York University Alzheimer's Disease Center
New York University Langone Medical Center

11:45 AM

Faculty Panel with Participants

James R. Burke, MD, PhD
Rachelle S. Doody, MD, PhD
Mary S. Mittelman, DrPH

12:15 PM

Lunch / Educational Exhibits

1:15 PM **Choose One of Two Workshops**

Pathways to Excellence in Person-Centered Care of People with Dementia

Melanie Bunn, RN, MS, GNP
Dementia Training Specialist
Eastern North Carolina Chapter, Alzheimer's Association

Beyond Genetics: Understanding Brain Change and Effects on Behavior

Jeffrey N. Browndyke, PhD
Assistant Professor, Bryan ADRC

3:00 PM

Adjourn

Alzheimer's 2010: Pathways to Discovery, Treatment, and Prevention

The 24th Annual Joseph and Kathleen Bryan Alzheimer's Disease Research Center Conference
February 11-12, 2010 – Sheraton Imperial Hotel and Convention Center, Research Triangle Park, North Carolina

REGISTRATION FEES: \$ 100 Two-Day Conference; \$60 One-Day Conference*

To register for the conference, detach this form and mail it to: Conference Services, Re: Bryan ADRC Conf, Box 90841, 0066 Bryan Center, Durham, NC 27708.
OR visit events.duke.edu/alzhconf10 to register online with a credit card OR print the registration form and return with a check.

Prefix: Rev. Dr. Mr. Ms. Mrs. Name: (First, Middle Initial, Last) _____

Degree: (as you prefer on CE certificate) _____

Organization: (if applicable) _____

Professional Title: (if applicable) _____

Daytime Phone: _____ E-Mail: _____ Family Member: Yes No

Street Address: _____ Fax: _____

City, State, ZIP: _____

For more information, call Cheryl Copeland, Conference Coordinator, at 919-660-7510 (local) or 1-800-646-2028 (toll-free).
*The fee is nonrefundable after January 8, 2010. PLEASE NOTE: Registration closes on January 21, 2010, and no additional registration will be accepted, so please register EARLY.